

# Moringa

## THE MIRACLE TREE

### More Powerful Stories

PART 5

Denis Ouellette



The *Moringa oleifera* tree is one of the most studied plants on earth.\* For centuries, its “miraculous” nutritional and medicinal power has been prized. Today, the leaves, fruit, seeds, and pods of this tree are used to treat over 300 diseases in the world’s poorest equatorial regions, where drugs are not available. Only recently has the Moringa been available in the West in a delicious beverage, called Zija. **Here are its stories...**

If you would like to study the Moringa more, just Google it—the science is plentiful. If you missed the first four parts of this series, you can access them on our site, [www.NaturalLifeNews.com](http://www.NaturalLifeNews.com). To try some Zija for yourself, to learn more our growing family of products, and the income opportunity, refer to the contact info at the end of this article, or come to one of our local presentations.

#### MENSTRUAL CYCLES, DAUGHTER’S ALLERGIES & SON’S ADHD

The most pivotal day of my life occurred when my friend introduced me to Zija. I had no idea how much it would change my health and the health of my children. I have suffered from



Polycystic Ovarian Syndrome for 20 years. Taking the Zija balanced my reproductive hormones and regulated my menstrual cycle in only three weeks.

I adopted my daughter from China when she was just 7 months old. Since day one, she has been plagued with terrible allergies. She had been on allergy medication since I brought her home from China, and she is now four-and-a-half years old. After taking Zija for just two weeks, she no longer needs her allergy medicine, and she feels great!

In addition, my seven-year-old son was diagnosed with ADHD a year ago. Since his diagnosis, he has been on several medications, all of which had resulted in depression and severe stomach problems. I started him on a daily serving of Zija. After he was off all his medication for two weeks, I received a call from his teacher. She asked me what medication he was now on, because she had noticed such an increase in his retention and concentration! And my kids love the taste of Zija and ask for the “green drink” before they go to bed.

Zija is the best thing that I have ever done for my health and my family’s. We are now looking forward to a long, healthy life together... and a better lifestyle through the Zija opportunity!

—Nancy R., Illinois

#### TYPE II DIABETES, JOINT PAIN & SWELLING

Why Zija? It was easy! When I found out that this beverage is 100% natural, contains vitamins, minerals, amino acids, and other nutrients to improve a person’s health, I wanted to try it and also offer this opportunity to my patients. Zija also offered the tremendous opportunity to achieve financial independence and provide a business opportunity for myself and others.

To date, Zija has directly improved my mother’s Type II Diabetes glucose count, which goes from 205 to 120 within 30 minutes of initial consumption.

In addition, my aunt has experienced joint pain from physical activity. After taking Zija for three days, she had increased flexibility and range of motion without pain.

Last but not least, my father was experiencing foot swelling due to hypertension. While taking Zija, his swelling was eliminated. Zija is a product I highly recommend without hesitation, and I will recommend it for everyone!

—Dr. Roiketa M. Strand  
Augusta, Georgia

## HIGH BLOOD PRESSURE

My lifestyle for the past ten years was a daily diet, exercise, taking blood pressure and cholesterol lowering pills. A regular monthly visit to my doctor, quarterly or semi-annually blood-work, and a yearly physical examination. In spite of this routine my high blood pressure was always a problem. When I started drinking Zija I made it my medicine.

My daughter takes my blood pressure every day and noticed for the first three months it never went high. Fatigue, migraines and dizziness, which I have been living with is now alien to me. Zija is Life. I consider it now my life's mission to reach out with this miracle product and introduce it to everyone.

—Grace Delacerna  
Jersey City, New Jersey



## SCOLIOSIS

This product never ceases to amaze me! Before Zija, I suffered from immense pain in my lower back due to a spinal condition called scoliosis. I also suffered from extreme fatigue and acne. Since I started consuming Zija, the pain in my back is gone, my energy level has increased substantially and my skin is flawless! My nutritionist confirmed that like most people, I suffered from malnutrition, which is simply the body lacking the nutrition it needs to perform and repair itself at an optimal level.

Zija fills that void in our nutrition by providing us the essential nutrients we need in our bodies. Hence, my entire family and I are benefiting from regularly consuming Zija. I am forever grateful to Zija for formulating such an incredible product.

—Keisha Hutchinson  
Atlanta, Georgia

## SLEEP & MENTAL CLARITY

With the Zija product I have found that I have more energy and stamina to get through the day. I sleep better at night, have more mental clarity, and I am able to stay focused better and longer. This is in addition to getting all the supplementation of the nutrients I need to stay healthy on a daily basis!

—Tony Yung  
Queens, New York

## Enjoy Zija's Growing Family of **MORINGA-BASED** Products

### New! Blockbuster Weight Management System & 7-Part All-Natural Skin Care



**XM3Caps!** Lee Williams, Georgia  
**LOST 80 LBS. in 10 WEEKS!**  
Incredibly Powerful, All-Natural Safe & **EASY** Weight-Loss System



#### The **Smart Drink**

Ready to drink refreshing nourishment in a 5.5 oz. can with food-grade plastic lining.



#### The **Smart Mix**

15 grams of Moringa powder. Delicious. Just add to water, shake and drink.

#### Zija™ XM3 Drink

- Appetite & Weight Control
- Natural Energy Boost
- Pure Moringa Nutrition, with Organic Green Tea, Ginseng & more!



#### New! XM3 Caps

- Weight Balancing System
- Powerful, Safe & All-Natural
- Boosts Energy & Burns Fat
- Easy, Fun & Effective!
- For Best Results, Take with Zija Miracle Detox Tea & Zija Nutritionals

#### New! Gen<sup>™</sup> NEXT GENERATION SKIN CARE

- All-Natural & Clean!
- Moringa Feeds the Skin
- 7 TREATMENTS: Cleanser, Moisturizer, Moringa Mist, Eye Serum, Masque, Anti-Aging Night Repair
- Medicinal Moringa Oil



## Come to One of Our Local Presentations!

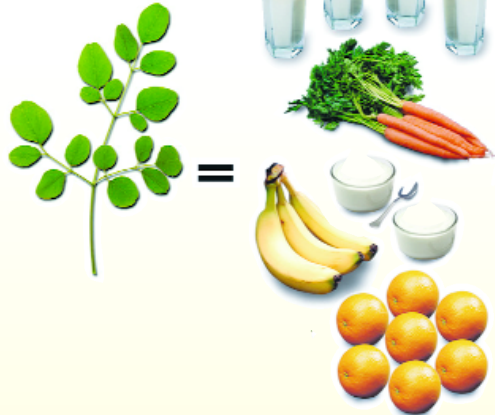
- Find out about this perfect food, from the most powerful nutritional plant on the planet, that can literally sustain life.
- Taste for yourself the delicious Zija beverages made from this “miracle tree.”
- See the global health and economic impact of the rediscovery of this ancient tree.
- Hear remarkable first-hand healing testimonials from local consumers.

- Find out how to be successful in launching your own Zija direct-sales business.
- Discover the systems, tools, resources and training already in place for you.
- Learn why Zija (first to market with its family of Moringa products) will become a household name.
- Be at the forefront of the trillion-dollar wellness industry. Join Zija at the very beginning of its global growth.
- Learn about the next generation of preventative, in-home health care.
- Learn how supplying the body with its core nutritional needs allows the body to heal itself!

## MORINGA—

- Over 90 Verifiable Nutrients
- Packed with Vitamins & Minerals
  - All the Essential Amino Acids
  - Rich in Protein & Chlorophyll
    - Contains 539 Medicinal Biochemical Activities!
  - Rich in Essential Fatty Acids: Omegas 3, 6 and 9
  - Contains 46 Antioxidants & 36 Anti-inflammatories

**Gram for gram, the Moringa delivers:**



4x the Calcium of Milk  
4x the Vitamin A of Carrots  
2x the Protein of Yogurt  
3x the Potassium of Bananas  
7x the Vitamin C of Oranges  
3x the Iron of Spinach

## INFLAMMATION

I have been drinking Zija for approximately two months. After drinking the product for one week, I noticed significant relief from lower back pain due to sciatic nerve inflammation that I've been suffering from since 1991. I had to take 2 to 3 pain pills a day to relieve this pain, which caused me to feel sluggish and drowsy all the time. I also noticed that the



pain in my wrist due to a ganglion cyst also disappeared. I wake up every morning full of energy. I truly thank God for Zija because it has given me my life back.

—Previn Blalock,  
Newnan, Georgia

## ARTHRITIS

I have had severe Arthritis for many years and was taking several prescription medicines, which were adversely harming my health. I was getting progressively WORSE, only in my 30's in age.

My intestines were tied up in knots (slowed motility) from bad side effects with drugs like Celebrex. I refused to take other big pharmaceutical drugs that had been prescribed and are now recalled and banned by the FDA.

I was also on large dosages of painkillers. I went on three cans of Zija per day for six weeks, and lost 20 pounds (that I needed to lose, and I have maintained the weight loss to this day), and my arthritis remains in complete remission, as long as I continue to take at least one can of Zija per day for maintenance. I am off the painkillers and now able to swim daily, which would have been impossible prior to Zija.

—Elisa Bianchi  
Los Angeles, California



### PAIN FROM CAR ACCIDENT

In 1999, I was involved in a car accident, in which I injured my lower back. I had seen every specialist you could name to try to help me manage the pain. I

met with an orthopedic surgeon, who of course recommended back surgery. After praying about the situation, I decided against back surgery; that meant that I would have to live with the pain, which is what I did for 7 years. I started drinking Zija (2 cans a day), and on the third day, my pain was gone. I am truly a believer in the product and urge others to experience it for themselves.

—Tamiko Lucy  
Atlanta, Georgia

### SURGERY RECOVERY & MUSCLE CRAMPS

I had knee surgery in 2006. When I went back for a check-up, I told him the doctor I was

worried because it felt the same way it did before my surgery. He said I didn't realize how serious my surgery was and that it would take eight months for the holes he drilled to heal. That same week, I received my Zija shipment. I started taking two cans a day, and within a week my knee felt 80% better. I was amazed!

My husband has Kennedy's disease, which causes severe muscle cramps. It is very rare, and there is nothing they can do for it. He has a massage done every week and his therapist says she has noticed a big difference in his muscles since he started drinking Zija. We will certainly keep drinking Zija!

—Vicky Kauffman  
Kansas City, Kansas

## Moringa oleifera:

### Medicine

Anemia  
Anxiety  
Asthma  
Blackheads  
Blood impurities  
Blood pressure  
Bronchitis  
Catarrh  
Chest congestion  
Cholera  
Colitis  
Conjunctivitis  
Cough  
Diabetes  
Diarrhea  
Dropsy  
Dysentery  
Eye and ear infections  
Fever  
Glandular swelling  
Gonorrhea

Headaches  
Hysteria  
Intestinal worms  
Jaundice  
Lactation  
Malaria  
Pain in joints  
Pimples  
Pregnancy & Breastmilk  
Psoriasis  
Respiratory disorders  
Scurvy  
Semen deficiency  
Skin infections  
Sore throat  
Sores  
Sprain  
Stomach ulcers  
Tuberculosis  
Tumor  
Urinary disorders  
Wounds

### Other Uses

Food: Malnutrition  
Condiment & Cooking Oil  
Cane Juice Clarifier  
Honey Production  
Disease Prevention  
Immune System Booster  
Skin Care Ointment  
Alley Cropping  
Fertilizer & Growth Enhancer  
Erosion Control  
Water Purification  
Cosmetics  
Textile Printing  
Insecticide & Fungicide  
Lubricant (i.e., fine watches)  
Tanning Leather & Dye  
Fiber & Clothing Products  
Fences & Shade, Wind Barrier  
Ornamentation

**To learn more...**  
and to order the Zija products...  
Ask about **8-DAY TRIAL PACK (\$3/day)**

\* **1)** Ask author for a copy of the 15-page abstract from the **Johns Hopkins School of Medicine**, entitled Moringa oleifera: A Review of the Medical Evidence for Its Nutritional, Therapeutic, and Prophylactic Properties.

**2)** Ask author for a copy of the 12-page list of all **539 medicinal biochemical activities** present in *Moringa oleifera*, as published in Dr. Duke's Phytochemical and Ethnobotanical Database.